

Freehold Regional High School District

2021-2022 Annual Report to the Community



Our Schools

A Diverse Community of Approximately 10,400 Students and 1,300 Faculty & Staff

Colts Neck High School 59 Five Points Road Colts Neck, NJ 07722 732-761-0190

Freehold High School 2 Robertsville Road Freehold, NJ 07728 732-431-8360

Freehold Township High School 281 Elton Adelphia Road Freehold, NJ 07728 732-431-8460

Howell High School 405 Squankum-Yellowbrook Road Farmingdale, NJ 07727 732-919-2131

Manalapan High School 20 Church Lane Englishtown, NJ 07726 732-792-7200

Marlboro High School 95 North Main Street Marlboro, NJ 07746 732-617-8393

Central Administration 11 Pine Street Englishtown, NJ 07726 732-792-7300

<u>Freehold Regional High School District</u> <u>Mission Statement</u>

The schools of the Freehold Regional High School District form a diverse and supportive community offering innovative and comprehensive programs that inspire students to maximize their potential, preparing them to navigate an evolving global society.



Who We Serve

Colts Neck Township, Englishtown Borough, Farmingdale Borough, Freehold Borough, Freehold Township, Howell Township, Manalapan Township, and Marlboro Township



From Our Superintendent

The 2021-2022 school year brought us closer to normalcy following the disruptions of the COVID-19 pandemic. I am proud that the Freehold Regional High School District (FRHSD) was one of the first districts to welcome students for full-day, in-person sessions.

One thing that we have learned from the COVID-19 pandemic is that we must be prepared for the unexpected and ensure continuity for our students. To that end, the FRHSD provided all students with a Chromebook in September 2021. This initiative ensures that all students have access to technology, allowing them to participate in opportunities,

learning experiences, and collaborative processes in and out of the classroom.

FRHSD has continued enhancing the educational experience for our students, and our Career and Technical Education Programs continue to grow within our schools. The Health Professions Pathway Program is available at both Freehold and Manalapan High Schools, while the Web Design Pathway Program is available at Freehold, Freehold Township, and Marlboro high schools. Both programs offer students the possibility to earn college credits and industry credentials. District administrators are committed to providing exceptional real-world experiences for our students, working with partners in our community and higher education to secure such opportunities. In addition, FRHSD will be one of 10 districts in the United States to implement a new Cyber Security Program. This program will be in development during the 2022-2023 school year and will begin in the 2023-2024 school year.

I continue to send my thanks to our community for supporting FRHSD's critical infrastructure referendum in November 2021. Thanks to the referendum's passage this urgent work will be completed at roughly a 40 percent discount for the district after the state of New Jersey picks up a portion of the costs. New roofing and paving will be completed on a rolling schedule for all six high schools beginning in the summer of 2022. This work will be completed without impacting student services.

FRHSD is still navigating the fallout of New Jersey's continued reduction of our state funding. The FRHSD will lose approximately \$24 million in state funding under the plan put forth by state legislative leaders known as Senate Bill 2 (S2). FRHSD will go from receiving approximately \$50 million in state aid down to \$26 million after the implementation period is complete at the end of the 2024-2025 budget cycle. The state's position is not that we spend too much on our schools, it's that the local residents are not paying what the state refers to as their "local fair share" of property taxes. Our district is a model of efficiency, as evidenced when compared to similar school districts. The state thinks that as a community we should be paying about \$22.7 million a year more in school taxes. In addition, according to the state's own formula that determines the "adequate" amount of funding for each district to educate it's students, we are currently operating at \$11.4 million dollars under that adequacy number. Yet, our state aid continues to be slashed.

I want to be clear that the FRHSD spends about \$4,900 per student less than the state average for high school only districts. Out of 31 similarly constructed districts in New Jersey, we rank 2nd lowest in per pupil costs. Our administrative costs are 24.8% lower than those comparable districts. We are a model of regionalization – robust opportunity, economy of scale, and efficiency, with outstanding outcomes for our students. In short, we represent everything the state should be encouraging other districts to emulate. We need our community to continue to advocate for the FRHSD. Please take the time to visit the Advocating for our Students section of our website (www.frhsd.com) to learn more about the impact of S2 on our District and ways you can help.

While the 2021-2022 school year was far from a normal year, our students and staff continued to shine in so many ways. Their personal and academic achievements have shown that even through difficult times, success can be found. I look forward to seeing what other extraordinary accomplishments our students and staff will achieve in the next year. I thank you for your continued support of our District.

Warmest regards, *Charles B. Sampson, Ed.D.*Superintendent of Schools

FREEHOLD REGIONAL SCHOOLS

Innovative & Comprehensive Programs

Comprehensive Educational Program

The FRHSD offers a variety of programs to allow students to reach their highest academic potential and prepare them for success in achieving their post-secondary goals.

Magnet Programs and International Baccalaureate Diploma Programme

FRHSD offers twelve Magnet Programs focused on particular topics, ranging from humanities and law to medical sciences and engineering. By joining one of these unique learning communities within our six high schools, students have access to advanced courses, including Advanced Placement and college level classes. Students also engage in real-world activities with recognized experts in fields related to each program. In addition, students are eligible for participation in the International Baccalaureate (IB) Diploma Programme, an academically challenging and balanced programme of education that prepares students for success at university and in life beyond. The programme has gained recognition and respect from the world's leading universities.

Special Services

The FRHSD is committed to the principles established by both the Individuals with Disabilities Educational Improvement Act (IDEIA) and the Americans with Disabilities Act (ADA) as these acts support the educational experiences of students. FRHSD offers a continuum of program options and specialized services to meet the social, emotional, and educational needs of students with disabilities within the least restrictive environment. Each of the high schools offer special programs designed to accommodate individual student needs, talents, and interests. Knowledgeable and caring professionals are hired and trained to support our diverse student population to enable students to reach their full potential. Our high schools' child study teams, related service specialists, school counselors, and teachers plan collaboratively with students and families to pursue students' short and long-term academic and career goals. Transition planning and goal setting are essential to a student's program plan and are realized through educational and post-secondary planning activities throughout their high school career.

Guidance & Counseling Services

The FRHSD's school counseling is an integral part of students' daily educational environment and school counselors are partners in their growth and serve as their advocate. School counselors prioritize supporting students to reach their personal goals in a complex, rapidly changing society through a system of intentional practices, programs, and counseling. The guidance department's initiatives, programs and activities include:

Guidance Road Map: The counseling curriculum contains structured developmental programs designed to assist students in achieving the desired high school and post-secondary goals. The Guidance Road Map is infused throughout the school's overall curriculum and is presented systematically through classroom, group and individual activities. The Guidance Road Map includes a timeline of activities and programs that students and families can use as a guide in conjunction with their school counselor.

Individual Student Planning: School counselors coordinate ongoing activities designed to assist students in establishing individual goals and future plans.

College & Career Planning: School counselors initiate a series of learning experiences that foster career awareness, facilitate career planning, and develop career decision-making skills. A College and Career Specialist supports counselors, students, and families in the areas of college and career exploration, planning, and post-secondary achievement. During the summer of 2021, rising Seniors were able to participate in a Summer College Application Boot-Camp where students received consultation from counselors and teachers on finding their fit, completing applications, applying for scholarships, and drafting college essays.

Social & Emotional Learning: The school counselors provide professional responsive services whenever they are necessary to address student issues. These services include counseling, consultation, referral, or other supportive measures and are usually necessitated by life events or conditions that impact our students.

Strategic Plan - Compass 2.0

Embracing a Model of Growth & Excellence

The Freehold Regional High School District (FRHSD) is a model of excellence among school districts, both locally and nationally. Our work, guided by our strategic plan, *Compass* 2.0, is aimed at ensuring that all of our students have opportunities to develop their passions in rigorous courses and programs. Through this commitment, we have developed unique approaches to the analysis of student achievement, the development of curricula and programs, and the professional development of our leaders and teachers.

Compass 2.0 Core Areas

Whole Child

We will inspire individual student goals through a safe, healthy, challenging, engaging and supportive learning environment.

Student Growth and Learning

We will deliver curriculum and instruction that ensures the development and growth of individual student goals.

Equity and Opportunity

We will maximize opportunities and access, and support students in their academic goals.

Community Partnerships

We will engage our school community and external partners to provide authentic learning opportunities for students.

Preparing Students for College with Community Partners

In June, the district completed the seventh successful year of the College Readiness Program partnership with Brookdale Community College. This program was launched in Spring 2016 and has run continually since.

The program is an outstanding example of equity, access, and opportunity provided through a community partnership. This collaboration connects FRHSD with Brookdale Community College (BCC) to advance and expand our district's learning goals and help our Title I students prepare for future post-secondary success. The program is made possible through federal funding allocated to FRHSD by the Elementary and Secondary Education Act, Title I grant.

The evening program benefits students with a jumpstart on a college education. Students who become college-ready while in high school save thousands of dollars in tuition for remedial college courses and will not expend extra time in college to earn their degree. Students qualify directly for credit-bearing degree courses and graduate sooner. The program pays tuition, fees, textbooks, tutoring, and classroom supplies for up to two courses for qualifying students.

Because Freehold High School is designated as a "schoolwide Title I program," all Grade 11 and 12 students from Freehold High School are eligible to participate in the program. This year, 12 students earned between 1 and 3 credits in a college success course, which is a graduation requirement at BCC. With the support of their families, the students are commended for the commitment they made to their future and their perseverance to program completion.



Enhancing Learning

Providing Technology & Hands-on Experiences

Chromebooks for all Students

As students embark on their educational and post-secondary journeys, technology continues to evolve as a critical and necessary tool for enhancing learning and collaborative opportunities. In September 2021, FRHSD provided all students with a

Chromebook to ensure that all students have access to technology, allowing them to participate in opportunities, learning experiences, and collaborative processes in and out of the classroom. Students can access Google Apps for Education to participate in course activities in an electronically collaborative environment. Students take their Chromebooks home with them during the school year and over the summer for use for school-based assignments/projects.

Additionally, FRHSD staff utilize Google Classroom, which provides an organized virtual "classroom" for all course materials, assessments, and resources. Google Classroom also provides additional opportunities for targeted feedback on student assignments.

New Specialized Health Professions Learning Lab



The Career and Technical Education (CTE) Health Professions Pathway Program (HPPP) at Manalapan High School saw the creation of a specialized Learning Lab to support the implementation of the program of study and provide students with an authentic learning experience. The learning space was designed to replicate the environment used by healthcare professionals. The lab consists of two areas: the academic instructional area and the healthcare simulation lab.

This lab supports students to:

- Develop knowledge and academic skills in preparation for health careers;
- Develop knowledge of medical terminology;
- Develop knowledge of medical emergencies and how to act as a first responder;
- Develop knowledge of human anatomy and physiology;
- Complete the Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) certification; and
- Participate in simulated emergencies.

The lab features a professional nurse training simulator mannequin; professional hospital bed; anatomy and physiology body models; AED and CPR equipment; and emergency and clinical care tools. The creation of this learning lab was funded through the Year 5 Building Capacity for Career Pathways Grant.

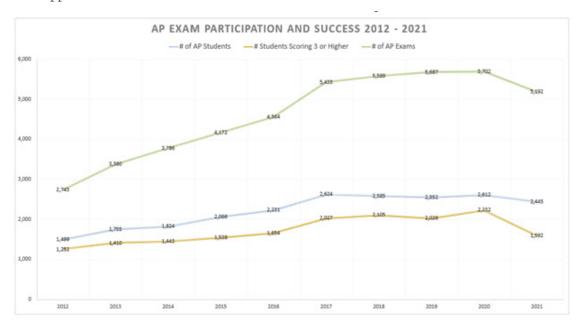
HPPP is a 3-year program at Freehold and Manalapan High Schools focused on preparing students for a future career in the Health Science industry. CentraState Healthcare System supports the program in the district by coordinating curriculum appropriate speakers to discuss their role within the organization. Students had the opportunity to learn about various careers within healthcare including nurses, doctors and other specialties. In addition, students learned about the various career opportunities that exist in the field of healthcare with the support of CentraState Healthcare System Talent Management and Talent Acquisition Specialist.

ACADEMIC ACHIEVEMENT

Advanced Placement Opportunities

FRHSD continues to expand the number of unique students in Advanced Placement courses and increase the overall number of Advanced Placement (AP) exams administered. While there was a slight dip in the number of AP exams administered in 2021 (attributed to the virtual learning environment that was in place during the 2020-2021 school year), over the last decade the number of exams taken by FRHSD students increased 130%. This increase is the result of significant efforts from all levels of the organization to remove structural barriers and provide student supports. Specific structural support includes direct outreach to nontraditional students including a review of their grades in the prior year's course, PSAT/NMSQT scores, and the College Board's AP Potential Tool.

Support also includes academic assistance throughout the advanced placement classes and prior to AP exams (after-school and Saturday review sessions). AP data is reviewed annually to identify curricular needs, enrollment opportunities, and additional entry points. This data is reviewed with the Leadership Team to create processes and procedures to ensure students are identified and informed about opportunities for advanced course work.



Available Advanced Placement Courses

- ♦ Biology
- ♦ Calculus AB
- ♦ Calculus BC
- ♦ Chemistry
- ♦ Chinese Language & Culture
- ♦ Comparative Government & Politics
- ♦ Computer Science A
- ♦ Computer Science Principles
- ♦ English Language & Composition
- ♦ English Literature & Composition
- ♦ Environmental Science
- ♦ European History
- ♦ French
- ♦ Human Geography
- ♦ Italian Language & Culture
- ♦ Latin
- Macroeconomics

- Microeconomics
- Physics 1
- ♦ Physics 2
- ♦ Physics C: Electricity & Magnetism
- ♦ Physics C: Mechanics
- Psychology
- ♦ Spanish Language
- ♦ Statistics
- Studio Art 2D Design
- ♦ Studio Art Drawing
- ♦ U.S. History
- ♦ U.S. Government & Politics

ACADEMIC ADVANCEMENT

Pursuing Their Dreams

FRHSD graduates attend some of the nation's and world's most highly selective colleges, universities, trade schools, and military organizations including:

- Adelphi University
- Alvernia University
- American University
- Arcadia University
- Arizona State University
- Auburn University
- Ave Maria University
- Babson College
- Barnard College
- Baruch College of the CUNY
- Baylor University
- Belmont Abbey College
- Belmont University
- Bentley University
- Binghamton University—SUNY
- Bloomsburg University of Pennsylvania
- Boston College
- Boston University
- Brandeis University
- Brookdale Community College
- Bryn Mawr College
- **Bucknell University**
- Calvin University
- Carnegie Mellon University
- Centenary University
- Champlain College
- Chapman University
- Charleston Southern University
- Clark University
- Clemson University
- Coastal Carolina University 0
- College of Charleston
- College of Staten Island of the CUNY
- Colorado State University
- Cornell University
- Delaware Valley University
- DeSales University
- Drew University
- Drexel University
- Duke University
- East Carolina University
- East Stroudsburg University of
 - Pennsylvania
- Eastern University \Diamond
- Elon University
- Embry-Riddle Aeronautical University
- Emerson College
- **Emory University**
- Fairfield University
- Fairleigh Dickinson University
- Fashion Institute of Technology
- Felician University

- Ferris State University
- Flagler College
- Florida Atlantic University
- Florida Gulf Coast University
- Florida Institute of Technology
- Florida Polytechnic University
- Florida Southern College
- Florida State University
- Fordham University
- Franklin & Marshall College
- Furman University
- George Mason University
- Georgetown University
- Georgia Institute of Technology
- Georgian Court University
- Gettysburg College
- Glendale Community College
- Greensboro College
- Harrisburg University of Science and Technology
- Harvard University
- Hawaii Pacific University
- High Point University
- Hofstra University
- Horry-Georgetown Technical College
- Howard University
- Indiana University at Bloomington
- Iowa State University
- Jacksonville University
- James Madison University
- John Jay College of Criminal Justice of the CUNY
- Johns Hopkins University
- Johnson & Wales University
- Kean University
- Lafayette College
- Lander University
- Lasell University
- Le Moyne College
- Lebanon Valley College
- Lehigh University
- Liberty University
- LIM College
- Louisiana State University
- Loyola University Chicago
- Loyola University Maryland
- Lynn University
- Maine Maritime Academy
- Manhattanville College
- Marion Military Institute
- Marist College
- Marquette University

- Marymount University
- Massachusetts College of Pharmacy and Health Sciences
- Massachusetts Institute of Technology
- Mercer County Community College
- Messiah University
- Michigan State University
- Middlesex College
- Middlesex Community College
- Millersville University of Pennsylvania
- Misericordia University
- Molloy College
- Monmouth University
- Montclair State University
- Moravian College
- Muhlenberg College
- New Jersey City University
- New Jersey Institute of Technology
- New York University
- Norfolk State University
- Northeastern University
- Northern Michigan University
- Northwestern University Nova Southeastern University
- Ocean County College
- Orange Coast College
- Oxford College of Emory University
- Pace University
- Parsons School of Design at The New
- Pasco-Hernando State College
- Paul Smith's College
- Pennsylvania Academy of the Fine Arts
- Pennsylvania State University
- Pratt Institute
- Providence College
- Purdue University
- Quinnipiac University
- Ramapo College of New Jersey
- Rensselaer Polytechnic Institute
- Rider University Roanoke College
- Rochester Institute of Technology
- Rowan College of South Jersey
- Rowan University
- Rutgers University
- Sacred Heart University
- Saint Francis University
- Saint Joseph's University Saint Leo University
- Saint Louis University
- Saint Peter's University

ACADEMIC ADVANCEMENT

Pursuing Their Dreams

- Salisbury University
- Salve Regina University
- ♦ San Diego State University
- Savannah College of Art and Design
- School of Visual Arts
- Seton Hall University
- Skidmore College
- ♦ St. John's University
- St. Joseph's College
- St. Lawrence University
- Stetson University
- Stevens Institute of Technology
- Stevenson University
- Stockton University
- Stony Brook University
- ♦ Suffolk University
- ♦ SUNY Brockport
- ♦ SUNY Buffalo
- ♦ SUNY Cobleskill
- SUNY College at Cortland
- ♦ SUNY Delhi
- SUNY Maritime College
- Susquehanna University
- ♦ Syracuse University
- ♦ Temple University
- ♦ Texas A&M University
- Texas Christian University
- ♦ Texas Tech University
- ♦ The Catholic University of America
- ♦ The College of New Jersey
- ♦ The College of Saint Rose
- ♦ The College of the Florida Keys
- ♦ The Culinary Institute of America
- ♦ The George Washington University
- ♦ The Ohio State University
- The University of Alabama
- ♦ The University of Arizona
- The University of Tampa
- The University of Tennessee, Knoxville
- ♦ The University of Texas at Austin
- ♦ The University of Utah
- ♦ Thomas Jefferson University
- ♦ Towson University
- ♦ Trinity College
- ♦ Tulane University
- ♦ Union College
- United States Naval Academy
- University of California, Berkeley
- University of California, Irvine
- University of California, Los Angeles
- University of California, San Diego
- University of California, Santa Barbara

- University of Central Florida
- University of Colorado at Boulder
- University of Connecticut
- University of Delaware
- University of Denver
- University of East London
- ♦ University of Florida
- ♦ University of Georgia
- University of Hartford
- ♦ University of Houston
- ♦ University of Kentucky
- University of Maine
- University of Maryland, College Park
- University of Massachusetts Amherst
- University of Massachusetts Dartmouth
- University of Miami
- University of Michigan
- ♦ University of Mississippi
- University of New Hampshire
- ♦ University of New Haven
- University of North Carolina at Chapel
 Hill
- University of North Carolina at Wilmington
- University of North Florida
- University of Northwestern Ohio
- ♦ University of Notre Dame
- University of Pennsylvania
- University of Pittsburgh
- ♦ University of Rhode Island
- University of Richmond
- ♦ University of Rochester
- V University of Rocheste
- ♦ University of Scranton
- University of South Carolina
- University of South Florida
- University of St. Andrews
- University of Toronto
- ♦ University of Vermont
- University of Virginia
- ♦ University of Wisconsin
- ♦ Valencia College
- Valor Christian College
- Vanderbilt University
- ♦ Vassar College
- Villanova University
- Virginia Polytechnic Institute and State University
- Virginia Wesleyan University
- Wagner College
- Washington and Lee University
- Washington University in St. Louis
- Wells College

- West Chester University of Pennsylvania
- West Virginia University
- West Virginia Wesleyan College
- ♦ Western New England University
- Widener University
- ♦ Wilkes University
- William Paterson University of New Iersey
- Wofford College
- Xavier University
- ♦ York College of Pennsylvania

Military Enlistments

- United States Air Force
- ♦ United States Army
- United States Coast Guard
- United States Marine Corp.
- ♦ United States National Guard
- ♦ United States Navy

Trade School/Apprenticeships

- Carpentry
- ♦ Cosmetology
- Electrical
- ♦ Lincoln Tech
- ♦ Mechanical
- Penco Tech
- ♦ Plumbing♦ Steam Fitting
- Universal Technical Institute
- Welding

FINANCIAL ACCOUNTABILITY

Critical Infrastructure Referendum Approved

In November of 2021, voters approved the Freehold Regional High School District's critical infrastructure referendum, with 58.82% voting in favor of the proposal. Administrators were happy to see community members believe in the value of providing a well-rounded educational experience for students in well-maintained facilities

As many of you know, FRHSD unsuccessfully attempted to pass two referendums in prior years. Administrators listened to the concerns of residents regarding the costs and scope of those previous proposals and dramatically reduced the overall plan for this referendum. The work proposed in the referendum's \$14.46 million budget contained only critical, urgent infrastructure needs related to roofing and paving. Work in both target areas will be completed at each high school.

As a result of voters approving the referendum, the State of New Jersey will pick up 40% of the bonds' cost, which means the work will cost the Freehold Regional \$8.68 million instead of \$14.46 million.

The impact on the FRHSD portion of a resident's property tax bill is an estimated increase of less than 1/2 of 1%. Thanks to the referendum's passage, this critical work will be completed without directly impacting our annual operating budget, a great benefit, especially while our state aid continues to be reduced under Senate Bill 2 (S2).

The first phase of work began during the summer of 2022. Paving projects were completed at Colts Neck, Freehold, Howell, and Manalapan High Schools, while roofing was replaced at Freehold Township High School. Marlboro High School's roofing work will be completed during the school year. In the summer of 2023, the projects will flip with Colts Neck, Freehold, Howell and Manalapan receiving roofing work, while Freehold Township and Marlboro have their paving needs completed. This work is being accomplished as a result of the significant support we receive from our larger school community.

While we continue to work within the constraints of S2, which has gutted our state aid, the Freehold Regional has ensured an exceptional educational experience for all students. We will continue to do so and push for fair state funding.







Award Winning Faculty & Staff

Exceptional Educators Committed to Excellence

We have phenomenal educators with outstanding teaching abilities who make extraordinary contributions to student academic achievement

Teacher and Educational Service Professionals of the Year

The following staff members were selected by their peers as the Teacher and Education Service Professional of the Year for their respective schools.

Teacher of the Year Educational Service Professional of the Year

Colts Neck HS - Alexandra Lavanco, Math Teacher Colts Neck HS - Nestor Pagan, School Counselorr

Freehold HS - Sara Malbari, Culinary Arts Teacher Freehold HS - Lorraine Taddie-Graef, LDTC

Freehold Township HS - Sean Leahy, Social Studies Teacher Freehold Township HS - Rebecca Aaronson, School Counselor

Howell HS - Meredith Liptzin, Special Education Teacher Howell HS - Susan Cohen, Social Worker

Manalapan HS - Jillian Berra, Special Education/English Teacher Manalapan HS - Sara Aldorasi, School Psychologist

Marlboro HS - Nicholas Scalzo, Health & Physical Education Teacher Marlboro HS - Amanda Sousa, School Counselor

Notable Staff Achievements

We acknowledge a selection of notable achievements attained by our staff members over the past year.

- Mr. Daniel Finaldi, a teacher at Freehold High School, was featured in the Trenton Museum Art Exhibit, "Lois Dodd and Friends Explore Painting the Night Sky and Beyond"
- Ms. Brittney Henry, an academic supervisor at Freehold High School, was recommended to be a committee member for CentraState's Diversity of Inclusion Program
- Ms. Amy Ghione, Athletic Trainer at Howell High School, was named the JSIWA/Shore Coaches Athletic Trainer of the Year
- Mr. Jose Maunez, a teacher at Manalapan High School, was named the All Shore Band Director of the Year
- Mr. Raaghav Pandya, a teacher at Manalapan High School, spent time at NASA researching Urban Heat Islands
- Mr. Matthew Shepherd, a teacher at Freehold High School, was recognized as the Shore Conference Wrestling Coach of the Year
- Ms. Frances Stevenson, a school counselor at Howell High School, was named Monmouth County Counselor of the Year
- Dr. Angello Villarreal, a teacher at Freehold Township High School, was honored as an Emerging Professional Development School Leader



Dr. Sampson with some of the Teacher and Educational Service Professionals of the Year

EXCEEDING EXPECTATIONS

Colts Neck High School

- One student was named a Finalist and nine students were named Commended Scholars in the 2022 National Merit Program
- Colts Neck High School was designated a Gold Star No Place for Hate School by the Anti-Defamation League
- Girls Indoor Track won the Central Jersey Group III State Championship for the third straight year
- Girls Cross Country won the Central Jersey Group III State Championship
- Girls Volleyball won the Central Jersey Group III State Championship
- Thomas Halmi was named one of the top 100 junior boys lacrosse players in New Jersey
- Lilly Shapiro was named both the Shore Conference and the New Jersey State Female Indoor Track Athlete of the Year, after winning both the 800 and 1600 meter races at the Sectional, Group, and Meet of Champions
- Arabella Lee became the Shore Conference Champion in both the 100 Butterfly and the 100 Backstroke, setting new Shore Conference records in both events
- Matt Jannucci of the Wrestling team was the Heavyweight Champion at both the TCNJ Pride and Mustang Classic Tournaments
- Julianna Pabon and Alexandra Tchenuokova made history as the first female wrestlers to medal in the Shore Conference Individual Tournament
- Eleven students earned spots to compete at DECA's International Career Development Conference
- Cassandra Dalton received the National Navy ROTC scholarship
- Julianna Coniglio and Peter Gertsenshteyn won 1st and 3rd place in the Monmouth County Superior Court/Monmouth County Bar Association Law Day Poetry Competition, while Sophia DeThomasis and Olivia Henein won 1st and 2nd place in the Law Day Essay Competition



The Navy Junior ROTC were the Athletic Champions at the 2022 Navy National Academic, Athletic, & Drill Championship



Agush Kasapi, Claire Kolakowski, and Emily Eisenberg were named to the 2022 All-Shore Symphonic Band

Freehold High School

- One student was named a Semi-Finalist in the 2022 National Merit Program
- Freehold High School earned the College Board AP® Computer Science Female Diversity Award for achieving high female representation in AP Computer Science Principles
- The Health Professions Pathway Program was featured by News 12 for its educational parternship with CentraState Medical Center
- A group of Advanced Placement Language students had the chance to practice their opinion writing skills alongside Mara Gay, a member of the New York Times Editorial Board
- Student Council members traveled to Neptune Township High School for a meeting of council members from schools around Monmouth County to bring back creative and critical ideas for the school
- The Wrestling Team won the B-North Championship for the first time in school history
- Freehold students were the recipients of the Alice McCobb Freehold Memorial Day Parade Volunteer Trophy for their excellent participation
- The Dramatic Arts Club teamed up with the Culinary Magnet Program to host a special dinner theater event, where guests enjoyed a delicious meal before taking in the school's performance of Grease
- The Dramatic Arts Club won the Spotlight Award: Outstanding Storytelling - Cast of The Brothers Grimm Spectaculathon and Outstanding Musical Accompaniment: Grease - Kene Echezona and Serene Liu at the Bucks County Playhouse Student Theater Festival
- The Cheerleading Team made it to the State Championships in its first year as a competitive team
- The American Culinary Federation visited the school to meet with students in the Culinary Arts Magnet Program



Ka'mora Gill and Juan P. Martinez Zarate both received the inaugural Tomazic Family Scholarship providing both with \$80,000 for their post-secondary education



Boys Tennis won the 2022 B-North Championship after finishing the season 12-0

Freehold Township High School

- Three students were named Commended Scholars in the 2022 National Merit Program
- Twenty students attended the FFA Fall Career and Development Conference with six teams of students attaining top ranks
- Boys Soccer won the Central Jersey Group 4 Championship
- Girls Soccer won the Central Jersey Group 4 Championship
- Gymnastics won their third consecutive Central Jersey Section 1 Championship
- Gymnast Jenelle Cloud won the 2021 Central Jersey Section 1 Championship on Bars, Beam and All-Around
- Dan Valentino won the Central Jersey Group 4 Championship in Cross Country
- Emma Zawatski was the Indoor Track & Field State Sectional Champion in the 1600 Meter Dash, the Spring Track & Field Central Jersey Group 4 Champion in the 800 Meter Dash, and the Group 4 Champion and Overall NJ State Champion in the 1600 Meter Dash
- Cassidy Corcione was named to the United Soccer Coaches All East Region Team, was named an All-American, and was named New Jersey Player of the Year by the US Soccer Coaches
- The Band earned 3 All-Region, 3 All-State and 24 All Shore selections collectively
- Sergio Bolanos-Yahuitl was selected for an Honorable Mention by the New York Times Learning Network in the Invent a Word contest where he created the word "inflobia" meaning fear of inflation
- Sahil Maher was elected the 2021-2022 New Jersey TSA (Technology Student Association) president and Olga Garyaeva was elected secretary
- Relay for Life raised \$68,000 for the American Cancer Society



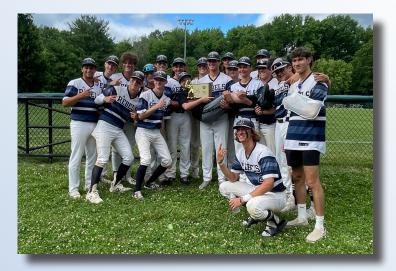
The Softball Team won their first Central Jersey Group 4 Sectional Championship



Tyler Zawatski won the East Coast Championship Javelin competition with a throw of 193'8" and the Central Jersey Group 4 Sectional Championship in the Javelin

Howell High School

- Five students were named Commended Scholars in the 2022 National Merit Program
- Samantha Strydesky won the Central Jersey Group IV Championship in the High Jump and Laura Gugliotta won the Central Jersey Group IV Championship in the 400M
- Wrestling won the Central Jersey Group V Championship and District 22 Championship
- Boys Bowling won the Central Jersey Group IV Championship
- The Cheerleading Team won the title of Grand National Champions in their first undefeated season
- Two students were selected for the All State Band Wind Ensemble and Orchestra and eight students were selected for the All Shore Symphonic Band
- Anytowners hosted a Trunk or Treat event for the children of Howell's staff
- Jacqueline Tanzi was named the 2022 New Jersey Youth Horseperson of the Year by the New Jersey Equine Advisory Board
- Relay for Life raised \$96,000 for the American Cancer Society
- Fifteen students qualified to compete at the National TSA Competition in Texas
- Amanda Katz's short film "He Loves Me, He Loves Me Not" was chosen for the Garden State Film Festival, and her previous film, "Too Close to Home," won best sound design at the New Jersey High School Film Challenge
- Keshav Nair, a student in FPAC acting, was featured in a commercial called "My Last Will," which is a national campaign highlighting the voices of young people calling for an end to gun violence
- The Battle of the Classes Food Drive resulted in the collection of more than 4,200 items for the Howell Food Bank



The Baseball Team won the State Group 4
Championship



Xavier Ortega and Hunter Mays earned medals at the Powerade Wrestling Tournament and were also Region 6 Champions

Manalapan High School

- Three students were named Finalists and 12 students were named Commended Scholars in the 2022 National Merit Program
- Boys Cross Country took first place in the New Balance Shore Coaches Invitational
- Girls Tennis won 3rd place in the Monmouth County Tennis Tournament
- Lily Cronen and Sophia Park won first place for their work in the annual Spooktacular Window Painting Contest
- The Student Transition Employment Program raised \$2,425 for the Blessing Bag Brigade
- The Chess Team earned first place in the regular season and finished fourth in the playoffs
- Riya Pawar took part in a summer internship with Commvault Systems where she wrote code that the company enacted for its ransomware protection
- National Honor Society donated over 1,700 pounds of food to the Fulfill Foodbank
- The Football Team donated 40 Thanksgiving Day baskets for families in need
- The CASA Club and National Honor Society fundraised and created 60 birthday baskets for children in the foster care system
- The SAVE Club made a donation to World Vision towards the purchase of a water purification system for a community in Ethiopia
- The Marching Band participated in Rutgers Band Day, where they performed at half time alongside Rutgers University's Marching Band
- Over 60 students participated in the MAA's American Mathematics Competition, a series of examinations and curriculum materials that build problem-solving skills and mathematical knowledge



The Wresting Team won the District 18 Tournament

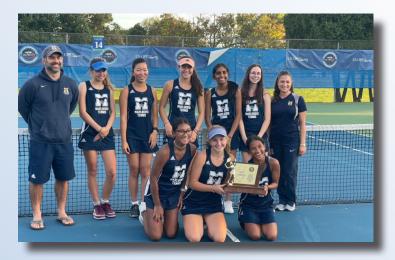


The Braves Robotic Team had one team win first place for engineering design notebook/presentation and another rank third overall at the SeaPerch Competition

EXCEEDING EXPECTATIONS

Marlboro High School

- One student was named a Finalist and 19 students were named Commended Scholars in the 2022 National Merit Program
- One student was named a Presidential Scholar
- Boys Basketball won the Central Jersey Group IV Championship
- Girls Soccer were the Shore Conference Coaches Soccer Tournament Champions
- Boys Tennis won the Shore Conference Championship
- Kashish Malik, a freshman golfer, was named the Shore Conference Individual Champion and the South Jersey Sectional Individual Champion
- Nadia Gaberkorn won the NJSIAA State Women's Epee Individual Championship in Fencing and First Team All-State Fencing, Epee
- Matt Friedman won the 800 meter run at the Monmouth County Championships
- Amelia Gonzalez won the Central Jersey Group IV 100
 High Hurdles Spring Track Championship
- Emma Luo broke the longstanding school record when she ran 11:12.07 in the 3200-meter run at the Group IV Championships
- We the People students earned a spot at the national competition after placing second in the state level competition
- The Consumer Bowl Team won the Central Regional Consumer Bowl and Monmouth County Consumer Bowl competitions
- The Theater Society and the Student Orchestra won nine awards at the annual Basie Awards
- Angela Dinh and Vanessa Li won the New Jersey Natural Gas Video Competition Individual Contest
- Peer Leadership classes collected over 4,500 cans for a local food pantry



Girls Tennis won the Group IV State Championship, NJSIAA Tournament of Champions, and were named "Girls Tennis Team of the Year" by NJ.com



Boys Golf won the Central Jersey Group IV Sectional Championship

COMMITTED COMMUNITY LEADERS

Cultivating Meaningful Partnerships

Freehold Regional High School District Parent Leaders

The FRHSD is fortunate to have parent and guardian leaders who relentlessly support and promote the educational interest of our students. The education of FRHSD students is a joint responsibility that we share with parents and guardians, and we are grateful for the mutual commitment to continue cultivating a strong culture of open communication between school and home.

Colts Neck High School PTSO

Karen Ann Halmi, *President* Ellen Schauer, *Vice President* Kristen Nardini Dawn Jacobson

Freehold High School PTSO

Jon Field, *President* Mary Piotrowski

Freehold Township High School PTO

Nicole Boyce-Navarro, President Linda Martinez, Vice President Debbie Mayer, Vice President Kerri Simons Tanisha Morgan Alissa Keegan

Howell High School PAT

Debbi Wilfong, President Kim Cutrona, 1st Vice President Tuesday Overton, 2nd Vice President Jennifer Coward Jean Donnellan Stefanie Martino

Manalapan High School Booster Club

Heidi Young, *President* Janice Tumbleson, *Vice President* Dorine Shapiro

Marlboro High School PTSO

Ekta Parekh, *President*Ioana Marsiello, *Vice President*Maria Liardi-Bellone
Suman Dogiparthi
Carol Lombardi

Freehold Regional Education Association

Sarah Reichenbecher, President Jim St. Angelo., Vice President Jessica Marshall, Treasurer Leah Hardaway, Secretary Patt Giblin, Secretary

Dedicated Board Members

Committed to Excellence in Education

The Freehold Regional High School District Board of Education

The FRHSD Board of Education members are community leaders who represent eight communities in western Monmouth County, New Jersey and are committed to excellence in education.











Mrs. Elizabeth Higley Freehold Township



Freehold Borough





Not Pictured

Freehold Regional High School District

Superintendent of Schools Dr. Charles B. Sampson

Assistant Superintendent for Business Administration/Board Secretary Mr. Sean Boyce, CPA

Chief Academic Officer
Dr. Nicole Hazel

Director of Curriculum & Instruction
Dr. Shanna Howell

Director of Guidance & Operations Mr. Michael Mendes

Director of Personnel
Dr. Jennifer Sharp

Director of Research, Planning & Evaluation
Mr. Bruce Henecker

Director of Special Services
Dr. Jessica Howland

Principals

Colts Neck High School Dr. Brian Donahue

Freehold High School
Dr. Lavetta Ross

Freehold Township High School Dr. Alicia Scelso

> Howell High School Mr. Jeremy Braverman

Manalapan High School Mr. Shawn Currie

Marlboro High School Dr. David Bleakley

Freehold Regional High School District 11 Pine Street Englishtown, NJ 07726 Phone: (732) 792-7300 www.frhsd.com



